

Self-Evaluation of Video Presentation

Self-Evaluation of 2<sup>nd</sup> Teaching Video Presentation

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### **Self-Evaluation of Teaching**

#### **1. What went well in this lesson? Why?**

It was a true joy to lead this class session. The students were a bit slow to get engaged, but that improved as the class progressed. Their participation helped to ensure the various thoughts were currently being grasped, could be applied in their group triads, and later as they move into the role of professionals. The use of the slide presentation helped to keep my presentation on track and provided visuals for the students to keep up with where we were throughout our conversation. Further, the participation of the class helped to bring out content I had not considered. This was specifically helpful when I was covering what may be a hinderance to a client identifying their feeling. One student brought out that the question made her think about what may hinder the counselor from identifying the clients feeling. This added a valuable segment of discussion.

#### **2. What problems did I experience? Why?**

The first computer I was on I had not shared my screen in Teams before. When I went to share my screen, it needed to have some permissions on my Mac computer that required I log out and back in. I swapped to my laptop and was able to move on. It worked out as a teaching moment by Dr. Parker to encourage students with Macs to make sure this is taken care of before they are in the Practicum and Internship classes. I was able to wipe the beads of instant sweat from my forehead and move on with a productive class. I really wish there was a better way to share slides in Teams and still be able to see the students faces. Further, I would also like to be able to present the Power Point in presentation mode to gain the use of building slides, but doing this would

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have prevented me from seeing any students. It still went well but overcoming these small things could make it a bit better.

### **3. Was it “student centered”? Should it have been?**

I did my best to make it “student centered” when appropriate. When I presented the new information on Reflection of Feelings, I did a mix of class participation with minimal lecture. I believe whether a class should be “student centered” is a style choice but having students involved ensures the comprehension of the class content. My intention was to see if the students had indeed read their chapters and were able to bring that content to the class discussion.

### **4. What could I have done differently?**

The primary thing I saw that needed improvement were aspects that should come with time and as I teach more and more. I felt bad about the technology issue but understand that that is a reality of distant learning. I will do my best to keep my technology and my understanding of the technology up to date to avoid this as much as possible.

### **5. What did I learn from this experience that will help me in the future?**

I learned that teaching students is indeed a joy, especially when I stop and consider the various conversations they will have with clients and knowing I had a small part in helping the students get to the goal of being professional helpers. My understanding that student involvement is valuable was reinforced by the contributions the student added to the session.

### **6. Preparation and research: Was I well prepared? - What could I have done differently?**

Dr. Parker commented that I did well and had a lot of great content. I worked hard to know the chapter and general information about Paraphrasing. I had a Power Point that flowed well and allowed for a track to run on and to help get the students involved. I was able to make several

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direct comments from content in the textbook and let the students know where it came from if they needed to reference it later. I believed before, during, and after the reviewing of the video that I was indeed well prepared. It was difficult to know who was talking when I asked for comments because of the way Teams does the screen when doing a presentation. In the future, I may ask students to say, “this is...” as they make comments to help keep it straight. This can also help ensure that all students, rather than the same few, are participating.

### **7. Written plan: Was I organized? Did the written format work? Is there a better form?**

I used my Power Point to keep me on track. I knew we wanted to leave about 15 minutes at the end for triad group time, so I wanted to keep the review to about 55 minutes and the new topic, Reflection of Feeling, to about 45 minutes. I was able to stay almost dead on this timeline which I was glad to see that I managed the time well. For me, I believe the form I used worked well and will likely be the style I utilize until I discover one that seems better.

### **8. Presentation: Were the students involved? Was I clear in my presentation? How was the pacing?**

The students were very involved with our discussion. It started a bit slow, but as a couple participated, other joined in as well. When I went back and reviewed the video, it appeared to me that the class was indeed tracking with what was being delivered. The few people I could see were nodding their heads and smiling throughout the class, in addition to making comments. I thought the pace was good but do admit I had to speed up a bit towards the end to be sure we got in what was needed and still left 15 minutes for the triads to meet for a quick practice of Reflection of Feelings.

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### **9. Assessment: Did my method of assessment measure what I wanted? How did the class do in terms of learning outcomes? What should I change for next time?**

The oral feedback did indeed help to demonstrate that the students were with me in the conversation. The students made clear they had a good grasp of the information and would be able to adequately utilize it in their triad groups. A potential change would be to try and draw all students into the conversation to be sure those who may be a bit quieter are also grasping the content well.

### **10. What was your overall perspective of the experience?**

Overall, I believe it was a good experience for all involved. I do my best to make sure that I am doing my part to make the best use of our time together and that they are learning valuable skills that will assist them as they work to become professional helpers themselves. The interactions with the students were very beneficial by helping add areas of discussion as well as making clear they grasped Reflection of Feelings.