

ACES CONFERENCE

October 8-12, 2025

HUMAN SEXUALITY AS A CORE COMPONENT IN COUNSELOR EDUCATION

Importance

To prepare counselors to assist clients with their sexual health and wellbeing.



Equipping

Well prepared counselors can change the lives of clients when a holistic approach is taken.

Satisfaction

Sexual satisfaction can help clients achieve a higher level of life satisfaction

PLEASE ATTEND

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The exclusion of human sexuality as a core component in counselor education training programs is a disservice to counseling practitioners and the community served. Few programs include human sexuality core components. Without nationwide guidelines, human sexuality training is and will continue to be lacking in most counselor education programs. Human sexuality directly effects life satisfaction for many individuals and could be improved by professional counselors being prepared to engage the topic without shame or embarrassment. Being well equipped, regarding human sexuality, with evidenced based information from the foundations of their journey to becoming professional counselors is essential.

