

BENCHMARK NCDA PRESENTATION PROPOSAL**1. Title of Presentation** (100 characters or less)

Social Cognitive Career Theory to broaden career path possibilities to the homeschool population.

2. Goals and Objectives: Indicate clear, concise goals and objectives of the presentation (up to 100 words)

SCCT is a tool that can assist homeschooled students in pursuing a satisfying career path.

- a. Considering how most homeschool students have similarities while recognizing their individuality.
- b. Using SCCT tenets (i.e., self-efficacy, outcome expectations, interest, goals, Lent et al. 1994) to help homeschool students consider career paths leading to sustainability, success, and resilience in their career path.
- c. Using Holland's RIASEC (i.e., Realistic, Investigative, Artistic, Social, Enterprising, and Conventional, Lent et al. 2010) to help focus homeschool students' career interests.
- d. Considering efforts to present Career Counseling opportunities (e.g., SCCT) to homeschool groups.

3. Program Description

- a. **Abstract** (50-word summary to appear in the conference program)
Advertise Appropriately. Please be sure the content of your presentation matches this description.

Together, we will consider using Social Cognitive Career Theory (SCCT) with homeschooled students. We will use tenets of SCCT to demonstrate its effectiveness in helping homeschoolers develop paths leading them to a successful career path.

Key Words: social cognitive career theory, self-efficacy, outcome expectation, interest, goals, homeschool

- b. Summary:** Describe the information, program, service, resource, technique, theory, or research to be presented (up to 250 words)

Homeschool students do not traditionally have access to school counselors to help them think about a successful journey toward a sustainable and resilient career path. Suggesting Career Counselors does not indicate that parents are not helpful in this regard. Instead, making valuable tools available can open up additional possibilities. SCCT will be demonstrated to be beneficial to the homeschooled population. There are an estimated 3.4% of school-age children (i.e., 2.4 million) who are homeschooled (Ray, 2017; USCB, 2021) (a pre covid number). An effort will be made to encourage Career Counselors to seek opportunities to work with homeschool groups (coops) to help this population make critical life span decisions (i.e., their career paths). Homeschoolers as a group outperform students who participate in the traditional school model. Transitioning from high school to college or straight to work is a critical time (Burga et al., 2020). To leave students'

futures to chance because they are not part of a larger organization of traditional schooling rather than making available the tools (SCCT) known to be productive in assisting with successful career choice is a clear area of concern. Helping these students, who, as a group, have performed well in their education, to have the tools in place to continue a path of success is the right thing to do and will be a focus of our discussion.

4. Presentation Chair Contact Information

- a. Jeremy Gillentine MS, ALC, Liberty University
- b. 144 Ski Club Drive
Wetumpka, AL, USA, 36092
- c. 334-657-6366, jgillentine@liberty.edu
- d. Education Level (bachelors, masters or doctorate)
- e. Mental Health or Counseling Related (Y or N)
- f. NBCC Continuing Education Category. Please select I, II, or III.

5. Additional Presenter(s) Information for program book printing purposes

- a. N/A
- b. Education Level (bachelors, masters, or doctorate)
- c. Mental Health or Counseling Related (Y or N)

6. Presentation Focus: Choose **one** of the descriptions for your session's target audience.

- a. K-12 Career Counselors and Specialists
- b. Counselor Educators and Researchers
- c. Career Counselors and Specialists in Private Practice and Consulting
- d. Career Counselors and Specialists Working with Special Populations such as Military/Veterans, Corrections, Special Needs, etc.
- e. General Audience (applicable to all attendees)

7. Program Type: Indicate which program type you prefer.

- a. Presentation (60-70 minutes)
- b. Roundtable (30 minutes)

- c. Graduate Student Poster Session (display only)

8. Method of Presentation

- a. Panel
- b. Lecture
- c. Demonstration
- d. Question and Answer
- e. Other

9. Relevance to Theme: *Innovative Career Development Strategies to Embrace Change: Moving Forward with Resilience* (up to 100 words)

The innovation of taking career tools (e.g., SCCT) to homeschoolers is a reasonable and responsible goal. The homeschoolers looking at graduation often just roll into whatever has been the norm in their societal bubble. That can be a successful way to advance to a career path, but some may not have seen options beyond their immediate family. When Career Counseling is available to this unique population, greater access to a satisfying career path and developing career resilience occurs by helping to identify their preferred future career ideals.

10. A/V Equipment: List all A/V equipment requested. (A/V equipment is not available for roundtable sessions or poster sessions; Internet will be available for all presenters) Please note: Conference management will not provide laptops.

I will be presenting a video presentation, so I will need a projector and a screen sufficient for the space where I will be presenting.

References

- Burga, R., Leblanc, J., & Rezania, D. (2020). Exploring student perceptions of their readiness for project work: Utilizing social cognitive career theory. *Project Management Journal*, 51(2), 154-164. <https://doi.org/10.1177/8756972819896697>
- Lent, R. W., Brown, S. D., & Hackett, G. (1994). Toward a unifying social cognitive theory of career and academic interest, choice, and performance. *Journal of Vocational Behavior*, 45(1), 79–122. <https://doi.org/10.1006/jvbe.1994.1027>
- Lent, R. W., Paixão, M. P., Da Silva, J. T., & Leitão, L. M. (2010). Predicting occupational interests and choice aspirations in Portuguese high school students: A test of social cognitive career theory. *Journal of Vocational Behavior*, 76(2), 244-251.
- Ray, B. D. (2017). A systematic review of the empirical research on selected aspects of homeschooling as a school choice. *Journal of School Choice*, 11(4), 604-621. <https://doi.org/10.1080/15582159.2017.1395638>
- United States Census Bureau. (2021). Quick facts: United States. Retrieved November 14, 2023 from <https://www.census.gov/quickfacts/fact/table/US/PST045219>