

GROUP LECTURE TEACHING PLAN

Group Lecture Teaching Plan Assignment

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GROUP LECTURE TEACHING PLAN

2nd Teaching Plan-- The Transition Period in Group: Storming and Norming

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For: Dr. Denise Daniel's COUN512 Intensive

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Objectives:

At the end of this lecture students will be able to:

1. Students will understand the Transition stage of Storming.
2. Students will understand the importance of the Transition stage of Storming and learn to be more comfortable by knowing conflict is typically a productive function.

Content	Black=Non-slide Comments	Green=Slide Content	PP Slide
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1. COUC512 Group Counseling	Slide #1
2. Introduction: We will be discussing the Transition stage of group “Storming”.	Slide #2
3. What happens in the Transition Stage of “storming”?	Slide # 3
A hope is that you will recognize that the Transition stage of Storming should not be something that brings you apprehension. Rather, it should bring you great joy to be in the midst of great potential change occurring in the participants of your group.	
4. Transition Stage Overview	Slide # 4
<ul style="list-style-type: none"> • Occurs second to fourth group meeting • Lasts for 2 to 3 meetings • Works much like everyday relationships 	
Much like new relationships, there is a period of testing the waters to check the safety of the person or the environment.	
5. Transition Stage Characteristics	Slide # 5
<ul style="list-style-type: none"> • Less willingness to participate • Talking in generalities • Not providing direct answers • Changing the subject • Using humor • Focusing on helping others • Increased anger • Lashing out at group and/or leader 	
What do you think these behaviors are indicative of in the group? [PAUSE]	
6. The opening stages of group do not have to be contentious, but they may be while everyone gets settled into the group’s dynamics. Your textbook quotes Bormann as saying:	Slide #6
Storming is a time of conflict and anxiety, when the group moves from primary tension (awkwardness about being in a strange situation) to secondary tension (intragroup conflict) (Bormann, 1975)	
Intragroup means between subgroups. Subgroups potentially form within most groups (e.g., emotional vs. analytical--just the fact please)	
There will likely always be some form of “awkwardness” as a group gets settled.	
What should you do if you see subgroups forming or is there anything to do? [PAUSE]	
7. It is important that “the group and its members express and explore differences between and among members” if the group is to be productive (Donigian & Malnati, 1997, p. 64).	Slide #7

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References

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Yalom, I. D., & Leszcz, M. (2020). The Theory and Practice of Group Psychotherapy, (6th ed.).
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