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Chapter 9 Reflection

In reading about live supervision and in practice, what are 3 lessons you've learned so far in working with your supervisees?

While reading chapter 9, the first lesson that came to my attention is the ability of supervisees to gain valuable information from one another, through the group format. The participants can gain valuable information that often they did not even know to be asking through the sharing of cases and feedback from each person in the group (pg. 191). Further, this idea was extended later in the chapter in a discussion regarding Peer Group Supervision (pg. 202-204). The second valuable lesson that was brought to the fore was one I had not previously thought about, and that is the idea that supervisees in supervision are also learning some attributes and skills of becoming supervisors. The exchanges between the participants allow them to each have opportunity to be in the supervisee role at times (receiving feedback from their peers and/or supervisor), while also having the experience of being in the supervisor role at other portions of the supervision process (giving feedback to their peers). This is especially true in the peer led supervision groups (pg. 194). Thirdly, I recognized the need for a supervisor to understand how to; manage a group, give good insights, help the group to mesh, logistics regarding time to meet and who will present and who will be responding, be aware of the skill level of the participants and to be intentional to conduct sessions where all have the opportunity to present, demonstrate validation, challenges, and using immediacy, be intentional to recognize

any concerns or apprehensions of supervisees and address them, be aware of the potential of a perceived power differential, and many other valuable insights.