

## TEACHING PRESENTATION LESSON PLAN TEMPLATE

**JEREMY GILLENLINE—COUC/CEFS505**

**WITH DR. DEREK PARKER**

**SEPTEMBER 17, 2024**

### **Lesson Topic: Paraphrasing**

#### **Learning Outcomes:**

This class will continue to build of the toolbox of counseling skills needed for the students to move forward towards being trained counselors.

At the conclusion of this class session, the students will have a better grasp of previously covered topics via a review of these skills.

At the conclusion of this class session, the students will have a good grasp of Paraphrasing and be well equipped to move into their triads to put the skill into action.

#### **Class Knowledge:**

This class has already been working in triads to practice previous skills covered in the previous 4 weeks. We will begin our time by reviewing previous skills and show a natural progression into the skill of Paraphrasing.

#### **Timeline, Strategies, Resources, and Rational Chart**

<b>Time allotted</b>	<b>Teaching Activity</b>	<b>Resources Needed</b>	<b>Rationale</b>
1 minute	Greeting	Power Point Slide	Getting Settled
40 minutes [Broken down]	Review of previous weeks skills.	Power Point Slide	Reenforce skills
[5 minutes]	Attending (Presence)	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[10 minutes]	Invitational Skills-- <b>A. Nonverbal Skills</b> Eye Contact Body Position Attentive Silence Facial Expressions and Gestures Physical Distance Touching and Warmth <b>B. Opening Skills</b> Door Openers Minimal Encouragers	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension

[10 minutes]	<b>Questions—</b> Why/leading/Open/Close	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[5 minutes]	Active Listening	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[10 minutes]	General Discussion— What questions? What is working well? What needs improvement?	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
50 minutes (Broken Down)	Main Topic: Paraphrasing	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
(3 minutes)	Introduce to Paraphrasing	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
(10 minutes)	Value of Paraphrasing: Do not make assumptions	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[5 minutes]	Value of Paraphrasing: Stimulate deeper facts, feelings, meaning	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[10 minutes]	<b>Paraphrasing Should:</b> Be Nonjudgmental Demonstrate you are tracking Keeps the client’s conversation flowing Spur the client to self reflection Use your own words Highlights essential aspects shared Ask “Is this correct?” ”Did I get it right?”	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[10 minutes]	<b>Paraphrasing Struggles:</b> Simply Reciting the Facts (Parroting) Difficulty Listening to the Story Because of “Noise” Worrying About What to Say Next Being Judgmental and Taking the Client’s Side	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension

	Being Judgmental of the Client Turning a Paraphrase into a Question		
[2 minutes]	Sequence chart of session using skills.	Power Point Class Discussion	Reenforce Skills and Check Student Comprehension
[10 minutes]	Watch Videos: <b>Improve Your Counselling Skills in 60 Seconds: Paraphrasing &amp; Summarizing – Narrated by Dr A. Reeves Attending, Paraphrasing and Summarizing</b> Kelly Allison	YouTube	Reenforce Skills and Check Student Comprehension Viewing Video allows the student to observe skills in action and then to discuss before heading to their practice triads.
30 minutes	Break into triads for practice of Paraphrasing	Teams Breakout Groups	Reenforce the class topic of Paraphrasing